Dear Student:

The Office of Admissions has informed us of your acceptance into our two-year Associate Degree Nursing Program. We are very pleased to welcome you to Finger Lakes Community College and to the Nursing Program. It is imperative that you **pay close attention to all information contained in this letter.**

1. For those of you who were not eligible to pre-register for the Fall semester, it is important that you follow the instructions in the portfolio you received from the Admissions Office in order to register. Nursing faculty will be present for advisement.

2. Your Health History and Immunization forms must be completed and sent to Student Health Services at FLCC by August 29, 2014. **Failure to comply with the immunization and physical exam requirements may result in your being de-registered.**

3. A four-day course – DST 031-Basic Math for Nurses – will be offered during the summer for students who would like to brush up on their math skills which will be needed for medication dosage calculations. Students will receive one (1) elective credit upon successful completion of this course. The course may be offered in Winter Session 2015. Check the course listings if you are interested in this.

4. Current CPR certification is required for all clinical courses. The certification must be current at the beginning of each semester and must not expire before the end of each semester’s clinical rotation (9/2/14-12/4/14). **Only** the following CPR courses will meet this requirement:

   1. **BLS for the Health Care Provider** offered by the American Heart Association
      *Please bring a copy of your completed BLS card by September 19, 2014.

5. You must purchase the NUR 100 outline, appendix and clinical packet at the Bookstore. They should be available by mid August. Required textbooks, which you will also need to purchase, are listed in the course outline. **You must bring the NUR 100 outline, appendix and clinical packet with you the first day of class.** You do not need to bring your textbook to class.

6. Enclosed is information where you may purchase your uniform and which you must have ordered by **August 1, 2014.** Also enclosed are guidelines pertaining to students’ dress code for clinical.

OVER-‡
7. You will not be assigned to an area hospital for your clinical rotation until September 23, 2014 but will be required to attend class on campus during your scheduled clinical time. Please be aware that you will need to provide your own transportation to clinical.

8. The schedule for the first week of class will depend on which section of NUR 100 for which you are registered. Pay close attention to your section #:

<table>
<thead>
<tr>
<th>DATE</th>
<th>Section / Description</th>
<th>Time</th>
<th>Room #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday Sept. 2</td>
<td>Section 01 - Seminar</td>
<td>0800 – 1000</td>
<td>B-358 Nursing Lab</td>
</tr>
<tr>
<td>Tuesday Sept. 2</td>
<td>Section 02 - Seminar</td>
<td>1000-1200</td>
<td>B-358 Nursing Lab</td>
</tr>
<tr>
<td>Tuesday Sept. 2</td>
<td>Section 03 &amp; 04 Class</td>
<td>0800-1200</td>
<td>O - 410</td>
</tr>
<tr>
<td>Wednesday Sept. 3</td>
<td>Section 03 &amp; 04 All Sections – Class</td>
<td>No Lab this week 1000-1200</td>
<td>D214</td>
</tr>
</tbody>
</table>

Please note: This is the only copy of this letter that will be mailed to you. It will be posted on the FLCC Web site at: www.flcc.edu/NursingDepartment.

We are looking forward to meeting you in the Fall. If you have any questions, please do not hesitate to call the Department of Nursing office at (585) 785-1345.

Assignments in preparation for 1st and 2nd day of semester: Taylor chapter 1, 17, 21 & 22, Ackley & Ladwig Communication pp. 218-224.

Nursing Club will be selling Littman stethoscopes early in September. Good prices, great discounts.

Sincerely,

Nancy Clarkson, Professor & Chairperson
Department of Nursing

Enclosures

xc: Heather Tillack, Lead Teacher, NUR 100
Save the Date
You and Your Families are Invited to 
FLCC’s Freshman Nursing Orientation

Tuesday, August 26, 2014  1:00 PM – 3:30 PM

The Nursing Faculty and sophomore students would like to welcome you and provide you with information to help make your semester successful.

Agenda

12:45 - 1:00  Check-in (Stage 14)

1:00  Welcome
Nursing Program Overview

1:30-3:15  Students  Get Organized Presentation for Students (D216)

Sophomore students will provide guidance and tips for getting organized and staying organized

Bring: your NUR 100 syllabus, appendix and clinical packet (available from the book store mid August)

3 ring binders – (1) 1 ½ binder (clinical) and (1) 3" or larger binder (class)

Page dividers – at least 12 dividers

Paper and pen

Calendar (assignment notebook) to organize dates

Extra notebook paper to take notes on

Optional: post-its

Family/nonstudents (Room TBA)
Panel discussion by current NUR 202 students and their family members: “What to expect when your loved ones are in Nursing school”, time commitment & ways to decrease stress.

3:15  Closure (Stage 14)
2014 FLCC Student Nursing Uniforms

A bias crossed v-neck features a slightly curved front yoke, front princess seams, front patch pockets, cell phone pocket, elbow length sleeves with notched turn back cuff, 1/2 back elastic and side vents. Center back length 26" Fabric: Cotton/Poly, Poplin, Soil Release  $29.78 - $32.89

A sporty V-neck features a front yoke, patch pockets with a snap tab closure for added security and matching stretchy knit side panels for comfortability and a slimming look. Center back length is 26".  $34.44 - $37.58

Dolman sleeve, v-neck tunic with side seam vents, two patch pockets and a cell phone pocket. Center back length 26 1/2".  $24.44 – $27.55

Men's zip front jacket sports a lapel collar, chest pocket and two patch pockets. Center back length 30 1/2". Poly/Cotton, Soil Release
A mid-rise, straight leg pant with a functional drawstring features a soft knit back waistband with hidden elastic. Also featured is a side seam that wraps around from the back waist to the front hem, two front pockets, a knit right hand coin pocket, a back yoke, and back welt pockets. Available in Petite and Missy. $28.93 – $32.04

Side vents at the bottom of this flare leg pant make a fashion statement. An adjustable front drawstring, back elastic waist, slash pockets, one back patch pocket, and side vents are also featured. This pant is available in Petite, Missy and Tall $20.65 - $23.86

Men's elastic waist pant with reinforced draw cord, functional zip fly, four side cargo pockets, two slash pockets and a back patch pocket. Available in regular tall and short $22.72 – $25.83

FLCC College of Nursing Name Pin $18.80

OPTIONAL

Button front, cardigan warm-up with two patch pockets, one cell phone pocket, and matching knit cuffs. Center back length 29". Fabric: Poly/Cotton, Soil Release

$30.82 – $33.93
Includes embroidered FLCC Logo

All prices on the tops include the FLCC patch and sales tax
All pant prices include sales tax

Please have your orders in no later than August 1, 2014 to ensure on time delivery.
Other helpful items

For Shoes we carry the Nurse Mates, Sketchers and Rockers by Cherokee. The prices on the shoes range from $55.00 to $90.00 depending upon the brand and the style.

We offer a full line of instruments such as MDF Stethoscopes, Blood Pressure Cuffs, Scissors, Penlights and Nursing watches.

We carry nurse’s bags, socks, hose and many other items that will complete your uniform requirements.

Please feel free to call or e-mail me with any questions.

Remember to like us on Facebook for updates and current information.
B. **DRESS CODE:**

The Nursing Faculty believes that a professional appearance reflects positively on the college and the Nursing Program as well as the Nursing profession. The purpose of the clinical dress code is to maintain a professional image based on safety requirements and infection control. Students may wear their FLCC Nursing uniform only in the clinical area. A student shall appear at his/her clinical facility in the appropriate uniform.

**General Uniform Requirements**
- Identification shall be worn at all times.
- Uniforms are impeccably clean and neat.
- Soiled and/or wrinkled uniforms are inappropriate.
- Uniform pants or skirt must be of white opaque or royal blue cotton or cotton blend material. Knits are not allowed.
- Pants must be ankle length. The following are not allowed: jeans, leggings, capris, jumpsuits, stirrup, stretch, or ankle-cuffed pants.
- Footwear must be all white, clean shoes or sneakers; nursing shoes are preferred.
- If laces are worn, they must be white.

**Females:**
- The uniform is to be the pre-selected FLCC style. The FLCC insignia will be placed on the left sleeve.
- Uniform may be dress, skirt or pants.
- Dress or skirt is to be no shorter that the back of the knee or longer than the mid-calf.
- With dress or skirt plain white nylons/pantyhose are to be worn; with pants white socks/stockings are to be worn. No socks are to be worn over hose with dress uniforms.
- Slips are worn with dresses and skirts.

**Males:**
- The uniform is to be the pre-selected FLCC style. The FLCC insignia will be placed on the left sleeve.
- White socks shall be worn.

**General Appearance Requirements:**
- The uniform is to fit loosely and appropriately. Uniforms that cling or are too tight will not be permitted.
- Undergarments are to be worn and should not be visible through the uniform.
- Sweatshirts are not allowed.
- White, unadorned, round-neck, t-shirts may be worn under the uniform shirt.
- The pre-selected, FLCC style, scrub jacket may be worn over the uniform.
- Shoes with high tops, high heels, open toes, or open backs are not approved. Brand names on shoes should be inconspicuous.
- Hair should be appropriately arranged off the face and secured for the duration of the clinical. If shoulder length or longer, the hair must be secured to avoid falling forward. Hair should be groomed prior to entering the healthcare agency and should remain secure until leaving the agency. Plain hair barrettes are appropriate. Bangs are above the eyebrows. Dreadlocks or swinging/unsecured pony tails, pigtails or braids are not acceptable. Highlights and dyes should be natural colors only; there should be no stripes, no fluorescent colors, and no extreme colors.
- Beards, mustaches, and sideburns are kept clean and neatly trimmed. In areas requiring asepsis, beards, mustaches, and sideburns should be properly covered in accordance with aseptic principles.
Jewelry, Cosmetics, and Nails:

Visible jewelry is limited to:

- A watch that measures seconds.
- Simple band and/or engagement ring that does not present a hazard in the clinical setting.
- **One pair of** small stud and/or small (≤ ½ inch) hoop earrings. No other earrings or body (e.g. tongue, eyebrow, nose, chin, etc.) jewelry is acceptable.

Make-up worn during clinical must be subtle.

Fragrances should not be worn in the clinical setting. Students may not enter the clinical setting smelling like cigarettes and/or other tobacco products.

All fingernails shall be no longer than the fingertips. Nails shall be well groomed. Clear polish without adornment is acceptable, if not chipped. Artificial nails/overlays and jewelry adornment may not be worn.

Tattoos are to be covered or unobtrusive.