FLCC Course Syllabus

General Information

Date
03/03/2017

Department
Social Science

Course Prefix:
CDC

Course Number:
200

Course Title:
Addiction Counseling

Course Information

Credit Hours
3

Lecture Contact Hours
3

Catalog Description
This course focuses on the knowledge and skills needed to begin a career in Chemical Dependency Counseling. Students will learn the practical skills of completing a full biopsychosocial evaluation, including making a diagnosis using the DSM, and writing an evaluation summary. Topics will also include interviewing skills, treatment planning, referrals, communication, listening and feedback skills, how groups work, the impact of culture on treatment and how to assess spiritual issues. Students will be introduced to counseling theories and their relationship to treating addictions. A minimum of ten hours of role play are used in this course for learning interviewing and group skills.

Prerequisites
CDC 102 and CDC 103

Grading Scheme
Letter Grade

FLCC Values

College Learning Outcomes Addressed by the Course

- Inquiry
- Interconnectedness
- Perseverance

Course Learning Outcomes
Course Learning Outcomes

1. Conduct a biopsychosocial evaluation in a simulated clinical setting.
2. Describe client engagement and the counselor's role in the process.
3. Explain the foundational concepts of the group process.
4. Utilize techniques to prevent their own belief systems from impacting interactions with clients.

Program Affiliation

This course is required as a core program course in the following program(s)

AAS Chemical Dependency Counseling

Outline of Topics Covered

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1. Biopsychosocial
   • What it is
   • How to conduct one
   • Gathering information
   • Diagnostic & Statistical Manual 5 (DSM 5)
   • Making a diagnosis
   • Making a recommendation
2. Co-occurring disorder
   • Mental illness and substance use
   • Dual-diagnosis
3. Treatment modalities
   • Referrals
   • Treatment recommendations
4. Groups
   • Types used in substance abuse treatment
   • Group skills
   • Facilitating a treatment group
   • Micro-skills
5. Interview techniques
6. Communication
   • Listening
   • Feedback
   • Therapeutic communication
7. Culture and substance use disorders
8. Spirituality
   • As a support for recovery
   • Talking to clients about spirituality
   • Spirituality vs. religion