

# **Syllabus**

#### **HCS 153 Fundamentals of Health Care**

#### General Information

Date October 28th, 2021

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**Department** Health Science and Human Performance

**Course Prefix HCS** 

Course Number 153

Course Title Fundamentals of Health Care

#### Course Information

**Catalog Description** This course explores the variety of options available for careers in the health care industry. It will provide the student with information to evaluate career options that will best suit their need and interests. Areas covered will also include resources to aid the development of independent learning skills necessary for success in the health care field and understanding the foundations for the pathway to nursing. This course is open to anyone interested in exploring health care careers and is a requirement for the AS Health Care Studies program. The format of this course includes lecture, class discussion, guest speakers and student presentations.

**Credit Hours** 3

**Lecture Contact Hours** 3

Lab Contact Hours 0

Other Contact Hours 0

**Grading Scheme** Letter

### Prerequisites

None

### Co-requisites

None

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## First Year Experience/Capstone Designation

This course is designated as satisfying the outcomes applicable for status as a First Year Experience

#### **SUNY General Education**

This course is designated as satisfying a requirement in the following SUNY Gen Ed categories

None

#### **FLCC Values**

**Institutional Learning Outcomes Addressed by the Course**None

### **Course Learning Outcomes**

#### **Course Learning Outcomes**

- 1. Discuss the variety of health care career options.
- 2. Compare and contrast educational requirements for each career option and the FLCC path to nursing.
- 3. Analyze income and success rates for career options.
- 4. Create a career plan to incorporate the new knowledge on health care options.

# **Outline of Topics Covered**

- I. Choosing and Planning a Health Care Career
- I. The Health Care Field
  - **I.** Where are the jobs?
- II. Choosing the Best Health Care Career for You
- a. Choosing a Health Occupation Group
- b. Identifying your Specific Career
- c. Confirming your Career Choice

I.

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## Planning Your Education

- I. Sources of Health Care Information
- II. Selecting Educational Program
- III. Securing Admission
- IV. Financing Your Education
- V. Pathway to Nursing
- I. Professionalism in Health Care Careers
- I. The Health Care Professional
  - I. Characteristics of Health Care Professionals
  - II. Making the Most of Your Education
  - III. Managing your Personal Life
  - IV. Managing your Professional Life
- II. The Professional-Patient Relationship
  - I. Communicating Effectively
  - II. Maintaining Professionalism
  - III. Understanding Special Needs
- III. The Job Search
  - I. Defining your Goals
  - II. Identifying Prospective Employers
- I. FLCC Resources for Success
- I. Advising
- II. Tutoring
- III. Study Skills

# **Program Affiliation**

This course is required as a core program course in the following program(s)

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#### AS Health Care Studies

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