### 2. General Information

**Date**

11/09/2016  

**Department**

Physical Education & Integrated Health Care

**Course Prefix:**

MAS

**Course Number:**

205

**Course Title:**

Medical Massage

### 3. Course Information

**Credit Hours**

5

**Lecture Contact Hours**

5

**Laboratory Contact Hours**

2

**Other Contact Hours**


**Catalog Description**

This course is intended for fourth semester massage therapy students and runs in conjunction with the massage Practicum (MAS 250). Topics include specific medical terminology, pathologic conditions, massage techniques for pathologies and injuries, subjective and objective assessment and planning documentation for medical/insurance cases, and the benefits of massage in the treatment of illness and prevention of complications. It also provides an introduction to medical massage in various healthcare settings including hospitals for in-patients and out-patients, clinics, and private practice. This course will include both theory and supervised practice.

**New Analysis Question**

**Prerequisites**

BIO 171, BIO 172, BIO 165, BIO 265; MAS 110, MAS 117, MAS 210, MAS 211, MAS 215, MAS 245 each with a grade of C or better

**Co-requisites**
Grading Scheme
Letter Grade

This course can be taken more than once for credit

This course is designated as satisfying a requirement in the following SUNY Gen Ed category

First Year Experience

Capstone
Yes

4. FLCC Values

College Learning Outcomes Addressed by the Course

Inquiry
Perseverance
Interconnectedness

5. Course Learning Outcomes

Course Learning Outcomes

1 : Integrate a knowledge of anatomy, pathology, massage theory in order to make safe treatment decisions
2 : Perform a physical assessment based on client data
3 : Evaluate whether massage would be indicated, applied with caution, or contraindicated for a specific disease process
4 : Write SOAP notes/care plan, with specific massage treatment modalities, when massage is indicated
5 : Write and present a research project to fellow classmates on a Pathology topic, including research and massage implications

6. Program Affiliation

This course is required as a core program course in the following program(s)

AAS Massage Therapy

8. Outline of Topics Covered

Outline of Topics Covered in Course

New Analysis Question

Outline of Topics Covered

1. Review of Anatomy & Physiology topics
2. Pathologies as they relate to each body system
3. Massage interventions for the pathologies discussed
4. Massage applications for specific populations (e.g. Elderly, Pregnancy, Children/Infants, Clients with Disabilities, Palliative
5. Medication precautions
6. Client intake/health assessment
7. Client documentation (SOAP note charting)
8. Infection Control
9. Massage indications, cautions, contraindications