2. General Information

Date
11/12/2016

Department
Physical Education & Integrated Health Care

Course Prefix:
MAS

Course Number:
250

Course Title:
Massage Therapy Practicum

3. Course Information

Credit Hours
2

Lecture Contact Hours
0

Laboratory Contact Hours
4

Other Contact Hours

Catalog Description
This course affords fourth semester massage therapy students the opportunity to administer their massage skills to fellow students, and other members of the college community. Supervised by the massage therapy faculty, the clinic sessions closely simulate a professional massage therapy practice. Students will utilize professional communication skills, intake procedures, massage techniques, as well as post-massage feedback from clients and instructors. Students keep detailed records of their work, and reflect upon their experiences and progress. The practicum offers students a wide range of clinical experience to benefit their future massage therapy practices, as well as provides the college community with the benefits of massage. This course runs in conjunction with Medical Massage (MAS 205).

New Analysis Question

Prerequisites
BIO 171, BIO 172, BIO 165, BIO 265, MAS 110, MAS 117, MAS 210, MAS 211, MAS 215, MAS 245 each with a grade of C or better
Co-requisites
MAS 220, MAS 205

Grading Scheme
Letter Grade

This course can be taken more than once for credit

This course is designated as satisfying a requirement in the following SUNY Gen Ed category

First Year Experience

Capstone

4. FLCC Values

College Learning Outcomes Addressed by the Course
Inquiry
Interconnectedness
Vitality
Perseverance

5. Course Learning Outcomes

Course Learning Outcomes
1 : Make safe and appropriate treatment decisions by integrating knowledge of anatomy, pathology, massage theory, and client assessment data
2 : Document client assessment data, massage interventions, client outcomes, and treatment plans
3 : Perform one-hour massage sessions utilizing both Swedish massage and Shiatsu techniques
4 : Perform 15 minute chair massage sessions.
5 : Apply professional standards, behavior, and communication skills in all clinical settings

6. Program Affiliation

This course is required as a core program course in the following program(s)
AAS Massage Therapy

8. Outline of Topics Covered

Outline of Topics Covered in Course

New Analysis Question

Outline of Topics Covered
Each week during the semester students will spend 4 hours applying their knowledge and skills in the role of a student massage therapist in various clinical settings. Settings include public on-campus chair massage and 1 hour table massage
clinics, and off campus clinics (e.g. hospital, day-center sites). All massages are performed under the supervision of a licensed massage therapist and will include:

1. The student working in a massage therapist's role with individual clients in a variety of clinical settings
2. The student sharing insights from their clinical experience within individual and group discussions
3. The student directing concerns/questions to the supervising instructor