Course Syllabus

Department: Physical Education and Integrated Health Care

Date: December, 2012

I. Course Prefix and Number: MAS 255
   Course Name: Massage Travel/Study Experience
   Credit Hours and Contact Hours: 3 credit hours – 3 contact hours

Catalog Description including pre- and co-requisites:

This course provides students with an observational and hands-on study of various massage techniques and healing modalities that derive from other cultures. This course may be conducted in different locations throughout the world where specific styles of massage therapy techniques originated. Students will also partake in lecture about the cultural history and underlying theory that these practices are based on, as well as travel within the country to visit historical sites that are relevant to the history of massage therapy and wellness in the specific culture. Due to the extensive travel requirements, a limited number of students will be enrolled in each section. Unless otherwise specified by the course instructor, the course will be limited to students who are matriculated in the Therapeutic Massage/Integrated Health Care Program with a minimum of two semesters completed, or have a New York State Massage Therapy License.

Relationship to Academic Programs and Curriculum including SUNY Gen Ed designation if applicable:

This is an elective course for student matriculated in FLCC’s Therapeutic Massage and Integrated Health Care Program, Graduates/Alumni from the Massage program, and New York State Licensed Massage Therapists.

II. Course Student Learning Outcomes:
   By the end of this course the students will be able to:
   · Explain the cultural history and philosophical roots of the massage technique being presented.
   · Describe massage therapy techniques and strokes of the specific modality being presented.
   · Identify the relevance of massage within the medical system of the specific culture.
   · Examine ways in which complementary interventions in another culture can be relevant to alternative health care in the United States.
   · Recognize how the ancient roots of massage can be integrated into western massage therapy techniques.
   · Discover cross-cultural knowledge of the healthcare system.
   · Interact appropriately while acting in the role of a student massage therapist in a foreign country.
College Learning Outcomes Addressed by the Course: (check each College Learning Outcome addressed by the Student Learning Outcomes)

- [ ] writing
- [x] oral communications
- [x] reading
- [ ] mathematics
- [ ] critical thinking
- [ ] computer literacy
- [x] ethics/values
- [ ] citizenship
- [ ] global concerns
- [ ] information resources

III. Assessment Measures (Summarize how the college and student learning outcomes will be assessed): *For each identified outcome checked, please provide the specific assessment measure.*

<table>
<thead>
<tr>
<th>List identified College Learning Outcomes(s)</th>
<th>Specific assessment measure(s)</th>
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<tbody>
<tr>
<td>Oral Communications</td>
<td>Students will orally share and demonstrate knowledge of bodywork to instructors through communicating methods of administering sessions during hands-on skills test exam</td>
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<tr>
<td>Reading</td>
<td>Textbook and reading assignments will be required in coursework</td>
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<tr>
<td>Ethics/Values</td>
<td>Students will practice legal ethical standards of practicing Massage Therapy as a professional and with respecting the value system in the country being visited, evaluated through instructor’s observations of student behavior and interactions with foreigners.</td>
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<tr>
<td>Global Concerns</td>
<td>Students will develop the knowledge necessary to live interdependently within the foreign culture where course will occur and will be evaluated through instructor’s observation of student behavior.</td>
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IV. Instructional Materials and Methods

Types of Course Materials:
- Textbook/Reading assignments
- Journals
- International Travel Documents
- Language translation book

Methods of Instruction (e.g. Lecture, Lab, Seminar …):
- Lecture, Massage Therapy labs (hands-on skills practice sessions), Cultural Educational seminars and trips, hands-on skills test, written examination
V. General Outline of Topics Covered:

Cross cultural study/Pre-departure courses

Safety/Travel precaution training

Study of massage/bodywork in foreign country, including hands-on demonstrations and practice session labs

Hands-on skills test examination upon completion of study

Written exam

Side trips/study tours relevant to culture of travel course