

# **Syllabus**

## **NUR 106 Health Concepts I Bridge Course**

#### **General Information**

Date November 15th, 2022

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**Department** Nursing

Course Prefix NUR

Course Number 106

Course Title Health Concepts I Bridge Course

Dual Listing (also listed as): None

#### Course Information

**Catalog Description** This course is an overview of the foundational concepts of professional nursing aimed at guiding the learner in the use of clinical judgment. This will involve problem-solving, decision-making, and application of thinking. This course will be required for students entering with a Licensed Practical Nurse licensure.

**Credit Hours 1** 

**Lecture Contact Hours 1** 

Lab Contact Hours 0

Other Contact Hours 0

**Grading Scheme** Satisfactory/Unsatisfactory

# **Prerequisites**

None

### Co-requisites

MAT 115, NUR 112, and NUR 113

# First Year Experience/Capstone Designation

This course DOES NOT satisfy the outcomes applicable for status as a FYE or Capstone.

May 23rd, 2023 10:14 am 1 of 2

#### **SUNY General Education**

# This course is designated as satisfying a requirement in the following SUNY Gen Ed categories

None

#### **FLCC Values**

#### **Institutional Learning Outcomes Addressed by the Course**

Inquiry, Perseverance, and Interconnectedness

## **Course Learning Outcomes**

#### **Course Learning Outcomes**

- 1. Demonstrate knowledge of all concepts introduced in Health Concepts I.
- 2. Utilize beginning clinical judgment skills to meet basic needs of patients across the lifespan.
- 3. Perform foundational psychomotor skills following professional nursing standards.

# **Outline of Topics Covered**

- Culture and Spirituality
- Immunity
- Stress and Coping
- Sensory Perception
- Cognition
- Comfort
- Mobility
- Fluid and Electrolyte Balance
- Perfusion
- Gas Exchange
- Nutrition
- Elimination
- Tissue Integrity
- Health Promotion

May 23rd, 2023 10:14 am 2 of 2